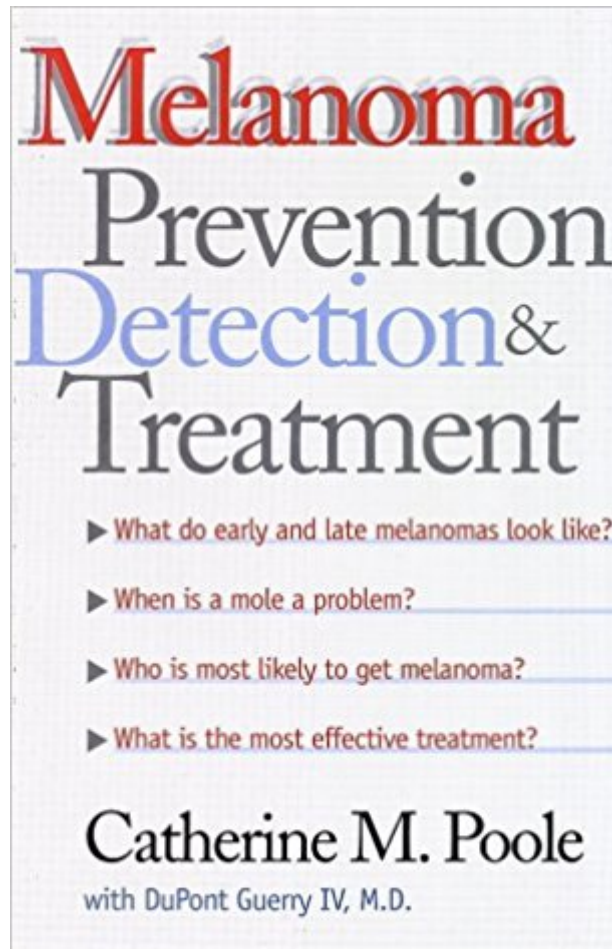




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# Melanoma: Prevention, Detection, And Treatment



## Synopsis

Melanoma, a dangerous and potentially lethal form of skin cancer, is on the rise. Yet melanoma is readily detectable and curable in its early stages, and it is a disease that often can be prevented by avoiding excessive sun exposure. This text is a complete guide to melanoma for anyone newly diagnosed with this disease and for others who are concerned about detecting and preventing it. Featuring colour photographs that show normal and malignant spots on the skin, and medical information on getting proper treatment and lowering the risk of developing the disease, the book is filled with facts that can save lives. Health writer Catherine M. Poole, also a melanoma survivor, teams up with world-renowned melanoma expert Dr. DuPont Guerry IV to provide practical advice for patients, their families and their health care providers. Readers should find in this book the answers to such important questions as: what do early and late melanoma look like?; when is a mole a problem?; is sunscreen the best way to prevent melanoma?; who is most likely to get melanoma?; what does the pathology report on a biopsy mean?; are there different treatments? which is most effective?; is there hope when melanoma has spread within the body? ; and where can accurate melanoma information be found on the Internet?.

## Book Information

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## Customer Reviews

With melanoma on the rise in the United States, this timely guide offers well-researched information and practical advice that will be useful to the patient, family, or caregiver. Medical writer Poole, a melanoma survivor, and Guerry, a medical oncologist and melanoma specialist, discuss the medical

and emotional aspects of skin cancer with an emphasis on detection, prevention, and current treatment options. Other highlights include specific questions to ask the doctor, good illustrated coverage of the melanoma staging process, and how to read a pathology report. Also noteworthy is the section on coping skills and support resources. Few current patient-oriented books (e.g., Barney Kenet and Patricia Lawler-Kenet's *Saving Your Skin: Early Detection and Treatment of Melanoma and Other Skin Cancers*, LJ 5/1/94) are solely devoted to the topic of melanoma. A valuable contribution to a consumer health collection. ?Gail Hendler, New York Academy of Medicine Copyright 1998 Reed Business Information, Inc.

Poole blends her own experiences with melanoma, those of other patients whom she interviewed, and medical and scientific information from physician coauthor Guerry and other doctors in a work of lay and medical information that saliently lacks the padding often found in similar books. She tells how melanoma differs from other cancers and describes the various types of melanoma. She clearly explains how to self-examine for moles and other skin conditions that may become melanotic and what to do if a problem is suspected. She makes diagnostic methods and medical and surgical treatments and the odds of their success all comprehensible. "Don't delay!" she enjoins, or hope that the mole or other blemish will just go away. Practical illustrations add much to her words, and many will benefit from the sympathetic chapter "Tending to Your Spirits" and several appendixes of information and resources. William Beatty --This text refers to an alternate Paperback edition.

Catherine Poole is a careful researcher who has written a useful, easy-to-read book for those of us with melanoma. I have learned so much from her, both on her website and from this book, which will serve as a handy reference for me and my family. Catherine's careful approach to emergent treatment gives us hope, without sugar coating the realities of this deadly disease.

This book takes the beast that is Melanoma and breaks down its very scary walls. Getting all the latest information on treatment options and just the basics for understanding this disease is invaluable.

Another great book by Catherine Poole. Informative and helpful. Even though we have the first book, the updated version is even better. You can never know enough when it comes to this deadly disease. The author is a survivor herself so she understands the fear and uncertainty that goes along with a melanoma diagnosis. Well written!

Really a good book by someone who has been through melanoma, also she has a melanoma website that has great forums and information called melanoma international foundation MIF

Excellent for those with melanoma, family and support groups. Catherine makes a difficult subject easy to understand. A must read.

Good information for someone with melanoma

Recipient was happy to have it - thanks.

Excellent book that explains things in common language.

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